

# **PROHIBITED MEDICATIONS**

## **At Minnesota Adult & Teen Challenge**

The following medications are **PROHIBITED** at Minnesota Adult and Teen Challenge due to their interference with the recovery process.

Examples of prohibited medications include, **but are not limited to**, the following:

**Medical Marijuana**

**All medications used for the treatment of Alcohol or Opiate dependence and/or withdrawal <sup>1</sup>**

**All Barbiturates**

**All Medications used Specifically for Weight Loss**

**All Benzodiazepines**

**All Medications for Smoking Cessation <sup>2</sup>**

**All Muscle Relaxants**

**All Stimulant Medications <sup>3</sup>**

**All Performance Enhancing Steroids/Supplements or Herbal Supplements**

**All Narcotic pain relievers and pain relievers with potential for dependence & abuse**

**All Sleep Aids <sup>4</sup>**

Please note that Minnesota Adult and Teen Challenge has an Approved list of OTC Medications That Clients may Purchase on their Own

**PROHIBITED MEDICATIONS THAT GET PRESCRIBED TO CLIENTS MAY BE DESTROYED BY MNTC**

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<sup>1</sup> Suboxone (Taper prescribed prior to admission, lasting no longer than 90 days) or Naltrexone/Vivitrol will be considered for limited use, on a case by case basis, under the direct supervision of a Licensed Prescriber

<sup>2</sup> Clients are allowed up to a 10 week taper of Nicotine Patches. Chantix will be considered on a case by case basis, following a mental health assessment, and under the direct supervision of a Licensed Prescriber

<sup>3</sup> Only Strattera & Intuniv are allowed for treatment of ADD/ADHD

<sup>4</sup> Only Melatonin is allowed as a specific sleep aid, however clients with psychiatric diagnosis may use Mental Health medications that also treat sleep disturbances