



The Prevention Program of
Mn Adult & Teen Challenge

About Know the Truth

1. What is Know the Truth?
 - a. Know the Truth is the Substance Abuse Prevention Program of MN Adult & Teen Challenge. We go into high schools and middle schools to share personal stories of addiction using a peer to peer format with the students. We reinforce the curriculum that is already being taught in the health classes, but bring another approach with personal experiences.
 - b. Know the Truth also partners with the community to put on Parent/Community Education Events to educate on the most current drug trends, warning signs to look for and ways to intervene if necessary. This booth is part of our presentation.
2. Besides the classroom, what other services do you provide?
 - a. Community and Parent Education: Our Prevention efforts go beyond the classroom; we take great responsibility in training the community as a whole. We collaborate with law enforcement, health officials, and community members to provide education on the most current drug trends, warning signs to look for and ways to intervene if necessary.
 - b. Prevention Assessments: We partner with new and existing coalitions to support their efforts within their community. This includes collaborating with key stake holders to combat the issues of youth substance use among youth. By doing this, we are able to further understand the specific needs of the community to better approach each event with strategic solutions.
3. How much do your presentations cost?
 - a. We are funded by grants and private donates, we also have sponsorship opportunities available.
4. How many schools do you speak in each year?
 - a. We speak in over 160 high schools and middle schools around the state, reaching over 55,000 students.
 - b. We also reach over 5,000 parents and community members each year.
5. Do you talk about God in the school since MnTC is faith based?
 - a. Know the Truth is a secular program of MN Adult & Teen Challenge. Our main focus is to share the realities and dangers of addiction to the students. Our presenters share their personal stories because they want to help students.